

WHAT'S THE BUZZ?

"Acceptance Builds Community...the ABC's of Alternatives"



Fundraising Events

Alternatives Fundraising Committee has been hard at work bringing ideas to the table to raise money for Braidwood. Their recent Bingo fundraiser was a huge success, bringing in over \$2,700 and a jam packed bingo hall. A big thank you to everyone who made an effort to sell tickets and came out to support the event. We're looking forward to more fun events to come!



Christmas Dance

Tis the Season to boogie! Kathy, with the help from others in advanced skills, is putting together a Christmas Dance at the Air Force Club on King St. Thursday December 22nd. We'll be rocking around the Christmas Tree from 1:00 PM - 3:00 PM, admission is \$5.00 at the door and includes a drink and snacks.

Christmas Shutdown

Don't forget to mark your calendars for Christmas Shut down. FSDP's last day of programming will be Thursday December 22 and will return on Tuesday January 3. Wishing everyone a Merry Christmas and a Happy New Year!

FSDP's 3rd Annual

Christmas Celebration

Staff and students at the Fundamental Skills Day Program have been working hard the past month putting together a little Christmas Time entertainment for everyone to enjoy. Our Christmas Celebration will be Friday December 16th from 1:00 PM to 2:00 PM. This year there will be a bake sale for those who wish to purchase something sweet. Come out and see what all the buzz is about!

Art Gallery

A Winter Session of Art Gallery will be running on Tuesday's beginning January 17th and running until March 7th. Art Gallery sessions allow individuals to explore their creative side using different medias and materials. Both AM and PM sessions available. The total cost of the Winter Session is \$75 and is to be paid in full by January 6th. Contact Debra at (705) 742-0806 Ext: 41 for more details or to sign up.



GLEE CLUB

Glee club is back on Monday morning's from January 9th to March 6th, 10:00 AM - 11:30 AM. Glee club with Soundspeaks Music Therapy is a weekly program designed for adults with developmental disabilities. In addition to sharing their love for music, participants will build self-esteem, social skills and friendships. For more information or questions, contact Caroline Stillman: (705) 957-0340 or info@soundspeaksmusictherapy.com

Evening Group

Looking for something to do on Monday and Thursday evenings? Alternatives runs an Evening group for individuals interested. Activities include shopping at the Mall, eating at different restaurants, games nights, movie nights and much more! Contact Debra or Penny at 705-742-0806 Ext: 41 for more details or to sign up!

Joke of the Month

Q: What did the Gingerbread Man put on his bed?
A: A cookie sheet.

Q: What would you get if you ate the Christmas decorations?
A: Tinselitis.

Q: What language does Santa Claus speak?
A: North Polish.



Easy Peasy Fudge

2 cups (12oz pkg) semi sweet chocolate chips/morsels
1 can (14oz) sweetened condensed milk
1 cup chopped walnuts
1 tsp vanilla extract

Instructions

1. Line 8 or 9 inch square baking pan with foil
- 2 Combine chocolate chips and condensed milk in medium sauce pan. Warm over lowest possible heat, stirring until smooth. Remove from heat and add nuts and vanilla extract
3. Spread evenly into prepared pan. Refrigerate for 2 hours or until firm. Remove from pan; remove foil. Cut into 48 pieces.



Well Hello Everyone,

I bet everyone is getting really excited about Christmas coming! This time of year means good food, spending time with family & friends, Christmas carolling, and the excitement of gift sharing.

I wanted to share with you exciting news regarding our new building, 270 Braidwood and all of the progress that is happening!

The building is being transformed into a beautiful space with offices, large program spaces, and community gathering area where we can invite our neighbours/community members to come and share in coffee time or join us for lunch. Our new building will be completely accessible, equipped with a hydraulic lift.

This lift will enable people to access all areas of the building. There will be ramps outside of the lift door that will take you to the areas where you can participate in your programs, special activities and be part of our community gathering area.

I'm very excited that our new building will be open to all people of all abilities. You can visit our website, alternativescommunityprogramservice.ca to see pictures of our building and the renovations taking place.

Merry Christmas to All and to All a Safe and Happy Holiday Season!

Vikki
Executive Director

Visit Our Website

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www.AlternativesCommunityProgramServices.ca



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