

# December



## December Events Members Only

18th - Christmas Concert and Bake Sale at Trinity  
21st - Christmas Dance 1-3 at Knights of Columbus \$5.00  
22nd - January 1st - Christmas Shutdown

### Jackie's Celebrity Corner

**Diane from  
Finance**

If you weren't working at Alternatives what would you be doing?

Raising goats, gardening, beekeeping and working on the farm

What is the last gift you gave someone?

I gave 5 apples to staff today

If you won a million dollars what would you do?

Give to charities, pay off Braidwood for sure

What is your favourite food?

Popcorn

What do you like to do in your spare time?

Read, knit, sew

What was your worst subject in school?

French

What is your worst fear?

The water or drowning

What is something no one would know about you?

I read the bible everyday and have for 40 years

If you could have a super power what would it be?

Healing

What is your one annoying habit?

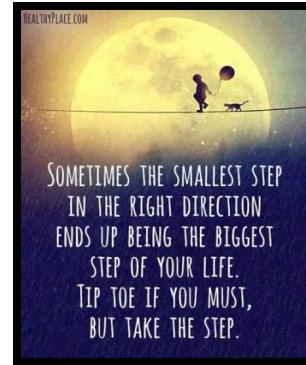
Too serious

What country/city would you like to visit?

Israel

Who is your celebrity crush or guilty pleasure?

The new Royal Family (Prince Andrew and Kate)



### Message from Vikki



**Braidwood Neighbourhood Project** is coming along. We are currently installing the heating and cooling systems to ensure we have heat over the winter. The roof has been replaced so there will be no more issues with rain leaking into the building. Home Depot has committed to painting and laying carpet in the front two offices, Reception and Executive Director's office, main floor and the north side. We are hoping this takes place within the next two weeks. At this point, work has been stopped until we fundraise money to complete the renovations. It's all coming together! I would encourage you to take a look!! Our new home is looking good!

#### Ministry Update:

Survived another compliance inspection and we did awesome! We had a few minor infractions that were corrected ASAP. Good Job Everyone!



### Fundraising Updates

A HUGE Thank you to all that supported our Fundraiser at DELTA BINGO!!! We raised \$4348.27

A GIGANTIC Thank you to families and friends that have donated to Braidwood...every little bit gets us one step closer.



### Swag line



Contact Jackie to see more options..  
JackieC@alternativesptbo.ca or  
(705)742-0806

## Employment Supports Update

- Employment Supports staff attended the Love Local Business Expo in October
- Staff attended a job fair put on by Jobs Canada at the Holiday Inn Peterborough
- Clients and staff have been busy interviewing at some of the following places: Costco, Grady's, Best Buy, Art School of Peterborough, Square Plates Restaurant, PetSmart, The Speak Easy Pub and The Thirsty Loon Lakefield
- Clients have been busy doing training. First aid/CPR, Whmis and Smart Serve



## Things We Do

Our qualified and experienced support staff provide a wide range of services and supports;

- daytime activity programs (eg.cooking, healthy relationships)
- individual, customized supports
- personal goal setting
- new skill training
- access to social and recreational opportunities
- involvement in sports and wellness Programs (eg.bowling, lazer tag)
- connecting to groups of interest
- find volunteer opportunities
- prepare for employment
- involvement in evening activities with peers
- experience summer Rez-life programs
- involvement in summer day camps

For More information please contact Sheila  
sheilag@alternativesptbo.ca or 705 742-0806



## Fundamental skills Day Program Update

- Students and staff are working very hard in preparation for the FSDP 3rd annual Christmas Concert and Bake Sale taking place on December 18th (1:30 pm)
- Students really enjoyed the fall season. Some of their favourite activities included visiting the pumpkin patch, decorating the classroom with fall themed art that they made and dressing up for our Halloween activities and dance
- We are also working hard to prepare our students and programs for our upcoming schedule change upon returning in January after the holidays



### Tuna Casserole

#### Ingredients

- 3 cups cooked macaroni
- 1 small can tuna
- 1 can condensed cream of chicken soup
- 1 cup shredded Cheddar cheese
- 1 ½ cups French Fried onions

#### Directions

1. Preheat oven to 350 degrees F
2. In a 9x13 inch baking dish, combine the macaroni, tuna and soup. Mix well. Top with cheese.
3. Bake about 25 minutes, or until bubbly.
4. Sprinkle with fried onions and bake for another 5 minutes.
5. Serve hot.



## Visit Our Website

or connect with us on Facebook and Twitter...

[www.AlternativesCommunityProgramServices.ca](http://www.AlternativesCommunityProgramServices.ca)



[www.facebook.com/AlternativesPeterborough](https://www.facebook.com/AlternativesPeterborough)



[www.twitter.com/Alternatives](https://www.twitter.com/Alternatives)