

# Rights and Responsibilities



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Training Objectives:

- ✓ What are rights?
- ✓ What are my rights?
- ✓ How does Alternatives protect my rights?
- ✓ How do I inquire/complain?

A stylized, grey silhouette of a person standing with arms outstretched, holding a pair of scales of justice. The scales are balanced, with two pans hanging from a central beam. The entire icon is centered within a white square frame, which is itself set against a green rounded rectangular background.

**What Are Rights?**

# What Are Rights ?

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**Rights** are legal, social, or ethical principles of freedom or entitlement. Rights are fundamental rules about what is allowed of people, or owed to people, according to legal systems, social standards, or ethical theory.



# What Are Rights? (con't)

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Human rights are the rights of all human beings, whatever our nationality, place of residence, sex, national or ethnic origin, colour, religion, language, or any other status. We are all equally entitled to our human rights without discrimination.



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**What Are My Rights:**

# What Are My Rights?

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## 1) To be Free from Abuse



# What Are My Rights? (con't)

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## 2) To be Included





# What Are My Rights? (con't)

## 3) To be Listened To



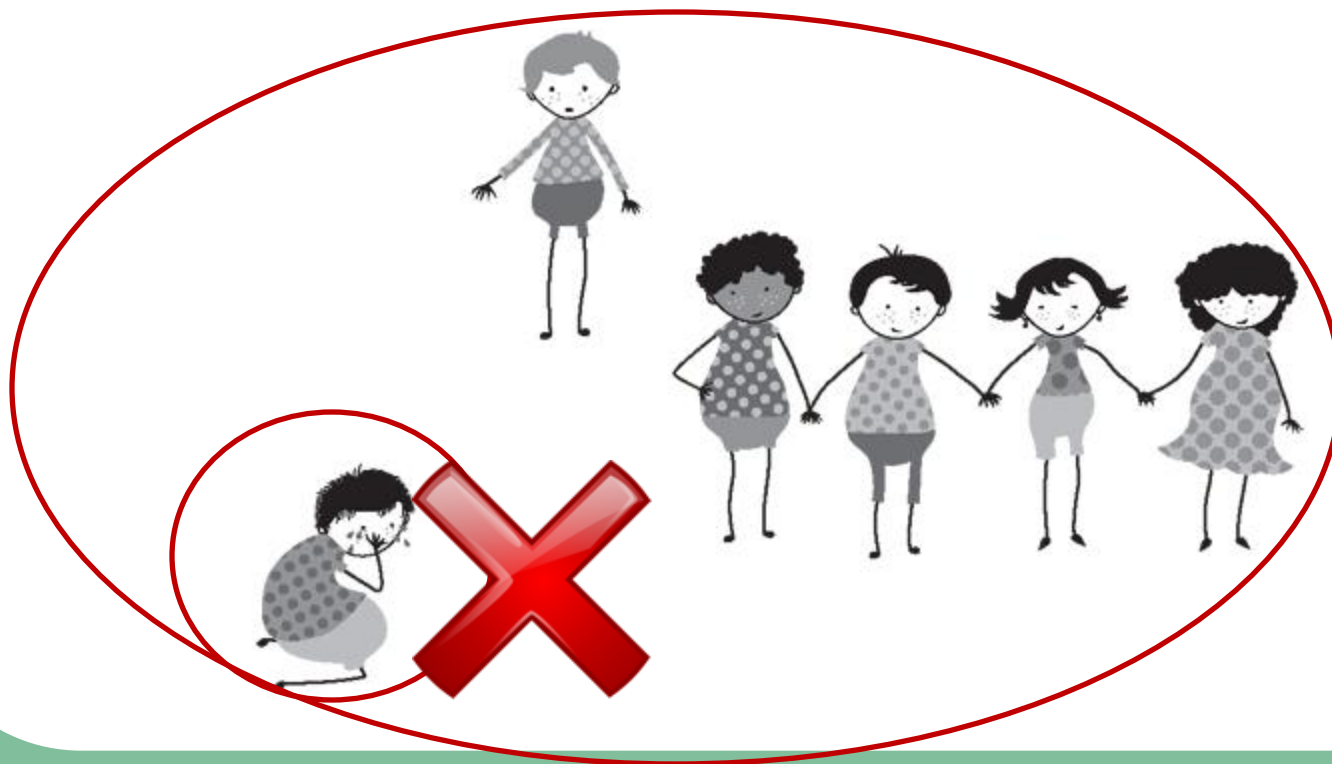
# What Are My Rights (con't)

## 4) To be Respected



# What Are My Rights? (con't)

## 5) To be Treated With Dignity



# What Are My Rights? (con't)

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## 6) To Know Your Legal Rights



# What Are My Rights? (con't)

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## 7) To Receive Supports Without Discrimination



# What Are My Rights? (con't)

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8) To Have My Personal Information Kept Private and Confidential



# What Are My Rights (con't)

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## 9) To Be Safe



A stylized, grey silhouette of a person standing with arms outstretched, holding a pair of scales of justice. The scales are balanced. The entire graphic is centered within a white square with a subtle drop shadow, which is itself inside a larger green rounded rectangle.

**How Does Alternatives  
Protect My Rights?**



# How Does Alternatives Protect My Rights?

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- ✓ By having policy and procedures on rights
- ✓ By training staff
- ✓ By training clients/students on their rights through this presentation
- ✓ By having a Rights Committee that will advocate and protect your rights

A stylized, grey silhouette of a person standing with arms outstretched, holding a pair of scales of justice. The scales are balanced. The entire graphic is centered within a white square with a subtle drop shadow, which is itself set against a larger green rounded rectangle.

**How Do I  
Inquire/Complaint?**

# How do I inquire/complain?

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**Step 1:** Talk to your program staff



**Step 2:** Talk to the Program Director or the Executive Director

**Step 3:** Fill out a complaint card and place it in the box at either of our two locations

