

DROOP

Daily Recreation Options Program



Fall 2018 Session

October 1st – December 21st



Our program

Our programs are designed to help each student walking through our doors achieve their personal goals and potential.

What we offer

- Life Skills
- Job Development
- Day Program
- Weekly Activities
- Social Skills
- 1:1 Special Programming
- Community Integration
- Respite Services

About Us

Established in 1986 our programs service Peterborough and the surrounding areas supporting individuals living in our community with special needs.

Acceptance Builds Community

WEEKLY PROGRAMS 12 week session running from Oct 1 – Dec 21 2018

Cost includes all program fees and staff support in a group setting

Monday

Mall Coffee Club

10:00-12:00 

Socialize and hang out at the Lansdowne food court with old friends or come to meet new people.

Cost: \$185/11 weeks
Drop In: \$20/week

Cook @ Murry St Church

1:00-2:30

Simple, cost effective and delicious meals are cooked weekly.

Cost: \$320/11 weeks
Drop In: \$35/week

Bowling

3:00-4:30



2 games of 5 Pin Bowling and shoe rental at Bowlerama

Cost: \$235/11 weeks
Drop In: \$25/week

Restaurant Etiquette

5:00-7:00

Weekly social with peers at new local restaurant each week – restaurant etiquette, how to order, tipping, and manners will be all be topics covered. Dinner Included.

Cost: \$550/11 weeks

Tuesday

Art Gallery

10:00-12:00



We have teamed up with the Art Gallery of Ptbo and the fabulous artist Anne Renouf. Anne is always coming up with fun art activities using different art supplies weekly.

Cost: \$250/12 weeks
(10-week session ends on Dec 4th)

Simple Meals

1:30-3:30

Simple and delicious; learn to cook these recipes so you can cook them at home.

Weekly recipe book will be created for students to keep at end of session.
Cost: \$380/12 weeks

Galaxy Movie Group

4:00-7:00



Enjoy a weekly evening a Galaxy Cinemas. Each week group will vote on which movie they want to view. Snack NOT provided.
Cost: \$475/12 weeks

Wednesday

Mall Coffee Club

10:00-12:00 

Socialize and hang out at the Lansdowne food court with old friends or come to meet new people.

Cost: \$200/12 weeks
Drop In: \$20/week

Pool at Petrina's

3:00-4:30

Learn to break, hold a cue, hit the cue ball, sink balls into pockets and socialize. Pop included

Cost: \$250/12 weeks
Drop In: \$24/week

Evening Group

5:00-7:00

Lets play games, watch movies, try some fun activities and get social. Dinner provided.

Cost: \$350/12 weeks
Drop In: \$34/week

Thursday

Transit Training

9:30-12:00

Each week student will pick a new place on the map to visit in Peterborough and get there by bus! What better way to get familiar with our local public transit.

Cost: \$430/12 weeks

YMCA Swim

12:45-2:15

Bring your swimsuit and towel and join us at the YMCA for swimming.

Cost: \$175/12 weeks
Drop In: \$15



Art Attack

5:00-7:00

Each week a new 'Do It Yourself' art project will be featured.

Cost: \$350/12 weeks

Peterborough Pete's Nights

6:30-10:00

Thurs. Oct 18th 2018

Thurs. Nov 1st 2018

Thurs. Nov 15th 2018

Thurs. Nov 29th 2018

Thurs. Dec 12th 2018

*must sign up 1 month in advance
Cost: \$70/night



See a green box around a program?

That means *drop in* option is available - Only sign up for the weeks you want to attend!

DAY TRIPS

Fee includes Admission, staff and travel.
All day trips must be registered and paid in full 1 month in advance of trip date to secure your spot

BLUE JAYS GAME & HOT DOG/POP

Wed. Sept 26th 2018

Leave 2:00pm – Return 10pm

Cost: \$175

TORONTO ZOO & LUNCH

Thurs. Oct 11th 2018

Leave 8:00am – Return 6pm

Cost: \$160

You must register and pay for programs in full by Sept 14th
2018 – Minimum 4 participants required for each program

Fridays

Coffee Café Club

9:00-11:00

Socialize and hang out with old friends at Alternatives or come to meet new people over a cup of warm coffee
Cost: \$200/12 weeks
Drop In: \$20/week

Video Games Hang Out

11:00-1:00

Retros Café has a wide variety of video gaming system and board games. Come play your old favourites or try something new in this fun environment.
Cost: \$300/12 weeks
Drop In: \$28/week

Friday Fun Night

3:00-7:00

An after-school program filled with a variety of activities; music, crafts, games, local activities
Pick-up from local high school and dinner provided
Cost: \$730/12 weeks

Saturdays

Drop In

9:00-12:00

Drop in programming offered – Breakfast club, arts and Crafts, cooking, baking, movies, games and more
Cost: \$435/12 weeks
Drop In: \$36/week

Community Mish Mash

12:00-4:00

Students will meet at Alternatives and participate in a Peterborough community trip activity each week; YMCA, Museums, Pool, Bowling, Laser Tag and Archery are just a few of the trips arranged for this session.
Cost: \$600/12 weeks

Individualized Services

Alternatives offers a wide variety of services tailored to the needs and interests of each individual and family.

- Assist in creating a short or long-term plan to help individuals budget their funding dollars
- Broker and submit all receipts and paperwork as needed
- Customize 1:1 Supports to attend programs or activities
 - Alternatives Programs, Concerts, Sporting Events, Day Trips etc.
- Develop life and social skills
 - Apartment maintenance, baking, grocery shopping, budgeting
- Community Volunteering
 - Assist with obtaining and maintaining a placement
- Day/Evening Respite Care (no overnights)
- Transportation options available

Ways to Pay

- Passports funding
- HKPR Funding
- Other Funding Programs
- ODSP
- Personal Funds

MEDIEVAL TIMES

Thurs. Nov 15 2018

Leave 9am – Return 3pm

Cost: \$165

OSHAWA SHOPPING TRIP & LUNCH

Mon. Dec 3 2018

Leave 10am – Return 3pm

Cost: \$75

GLOW IN THE DARK MINI GOLF & LUNCH

Tues Dec 11 2018

Leave 11:00 – Return 3:00

Cost: \$120

How to get started

Read through our brochure to determine the programs you are interested in attending.



Contact Jen
705 742 0806
ext. 25

JenB@AlternativesPtbo.ca



Meet with Jen for intake meeting to sign up for programs and supports.

Did you know we broker passports money?

Take the guess work out of managing your passports money! We offer Passports management services and submit all the paperwork and receipts, so you don't have too.

LOOKING FOR MORE INFORMATION ABOUT OUR OTHER AMAZING PROGRAMS?

- Building Bridges (ages 14-18)
- Advanced Skills (18+)
- Day Program (18+)
- Employment Supports (18+)



Contact Jackie Carson
JackieC@AlternativesPtbo.ca

THE BRAIDWOOD NEIGHBOURHOOD PROJECT



For more info about our new location or how you can help please contact our Executive Director Vikki
VikkiE@AlternativesPtbo.ca



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Visit Us Today



www.AlternativesPtbo.Ca