ALTERNATIVES COMMUNITY PROGRAM SERVICES

"Building Community for Belonging, Acceptance and Growth"

FEATURED CITIZEN

Jason has been attending Alternatives Community Program Services for 16 years. He graduated from St. Peter's High School when he was 21 years old and became a part of the Fundamental Skills Group, where he continues to enjoy a full and active schedule.

Jason loves to socialize with all of his friends at Alternatives. He is a great listener and always interested in knowing about others. Jason lives with Williams Syndrome (WS), a genetic condition that is present at birth and can affect anyone. It is characterized by medical problems, including Cardiovascular disease, developmental delays, and learning challenges. Dan, Jason's dad says, "We are very fortunate to have Jason in our lives. He is so cheerful and fun."

Jason loves all types of music but has a special interest in Country. He has had a life-long dream of becoming a singer/song writer.

In his spare time Jason can be found rocking to his many music CD's, watching television or hanging out with his best friend, his dog "Tara" who is always excited to see him. Jason is the middle of three boys in the family. His brothers helped him with school work as they grew up together.

Dad 'Dan' believes that the Fundamental Skills program is good for Jason by keeping him physically active, keeping his mind engaged and giving him an opportunity to be socially included in his community. Jason says, "This is a great program for people who like to get out and do things, like me. I love to be part of Alternatives. The people are nice." January 1, 2019 Volume 1, Issue 1



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Alternatives Community Program Services (Peterborough) Inc. is a not-for-profit, charitable organization governed by a committed volunteer Board of Directors.

Alternatives strives to inspire and excite people of all abilities to enrich their skills, celebrate life and have fun with families, friends and neighbours by;

 \Rightarrow Fostering real friendships

 \Rightarrow Valuing personal and informed choices

 \Rightarrow Honouring personal worth and citizenship

⇒Promoting life-long learning

 \Rightarrow Respecting personal safety and security

 \Rightarrow Enjoying healthy and active lifestyles

Temporary Location

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BRAIDWOOD NEIGHBOURHOOD PROJECT

Alternatives Community Program Services has been passionate about improving the quality of life for people living with developmental challenges for over 30 years. Supporting over 250 individuals and their families annually. Our gifted and energetic employees provide opportunities for experiences and participation in the areas of employment, volunteerism, recreation and learning new skills while fostering a sense of 'community -belonging' for people of all abilities.

Demand for quality services and opportunities has continued to grow throughout the past 30+ years. With an eye to future needs and a vision to build community into the lives of all people, Alternatives invested in a property that can be renovated to address current demands while looking towards the future to expand opportunities, adapt to changing needs and to create new innovative options.

The former St. George's Church at 270 Braidwood Avenue, was a gathering space for over 100 years, bringing people from Peterborough's south-end together in friendship, community and support.

This space felt perfect for our vision. The **Braidwood Neighbourhood Project** was born.

Restoration began to transform St. George's Church into a multipurpose, fully-accessible community space. This includes changing the former Chapel into a Community Hub, the installation of an accessible kitchen, the construction of an open studio for our day programs, the addition of accessibility ramps and a lift and the beautification of the exterior landscape. Great progress is being made and we are so very close to opening the doors.

Join our growing list of amazing donors. For just \$100 your name will be engraved on a 'leaf' and added to our Donors 'Giving Tree'. Be part of something great, be a good neighbour and be proud that you BELONG.

With my heartfelt thanks, Vikki Etchells Executive Director





Acceptance Builds Community..... the ABC's of Alternatives

www.alternativescommunityprogramservices.ca