

## ALTERNATIVES COMMUNITY PROGRAM SERVICES

### “Building Community for Belonging, Acceptance and Growth”

#### FEATURED CITIZEN

Jeremy moved to Peterborough from Trenton about 5 years ago. He enrolled in the Employment Supports program with Alternatives in January of 2018, on a friend's recommendation.

Jeremy contracted a polio virus in 1999 which resulted in Transverse Myelitis. This affects Jeremy's ability to walk, sit or stand for long periods of time. It also affects his ability to lift heavy objects. Jeremy was determined to improve his life, starting with finding work that he could do and that would inspire him.

Jeremy completed a short-term work placement at Square Plates restaurant on Armour Road. This inspired him to enroll in a 6-week culinary training program at The Mount. The program included 120-hours of unpaid work placement which Jeremy completed at Ashburnham Ale House. Jeremy's acquired skills and his enthusiastic dedication resulted in an offer of full-time employment with **Ashburnham Ale House, a popular and busy East City restaurant.** We are very proud of Jeremy's efforts as he faced his challenges, worked hard, accepted the support offered and is now 'over the moon' about his job and his life.

After the work is done Jeremy likes playing darts and doing anything in the great outdoors, especially camping.



“I chose Alternatives because the services they offered were fully explained to me ahead of time. The job developers took time to make sure I fully understood the employment services and they went the extra mile to connect me with healthcare and dental professionals that I needed. I would highly recommend this agency to anyone that, like me, is ready to improve their life.”



#### THIS ISSUE

Featured Citizen .....	1
Braidwood Project .....	2
Contact.....	2

## BRAIDWOOD NEIGHBOURHOOD PROJECT

Alternatives Community Program Services (Peterborough) Inc. is a not-for-profit, charitable organization governed by a committed volunteer Board of Directors.

Alternatives strives to inspire and excite people of all abilities to enrich their skills, celebrate life and have fun with families, friends and neighbours by;

⇒Fostering real friendships

⇒Valuing personal and informed choices

⇒Honouring personal worth and citizenship

⇒Promoting life-long learning

⇒Respecting personal safety and security

⇒Enjoying healthy and active lifestyles

Temporary Location

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**Alternatives Community Program Services** has been passionate about improving the quality of life for people living with developmental challenges for over 30 years, now supporting about 250 individuals and their families annually. Our gifted and energetic employees provide opportunities for experiences and participation in the areas of employment, volunteerism, recreation and learning new skills while fostering a sense of 'community -belonging' for people of all abilities.

Demand for quality services and opportunities has continued to grow throughout the years . With an eye to future needs and a vision to build community into the lives of all people, Alternatives invested in a property that is being renovated to address current demands while looking towards the future to expand opportunities, adapt to changing needs and to create new innovative options.

The former St. George's Church at 270 Braidwood Avenue, was a gathering space for over 100 years, bringing people from Peterborough's south-end together in friendship, community and support.

This space felt perfect for our vision.  
The **Braidwood Neighbourhood Project** was born.

Restoration began to transform St. George's Church into a multipurpose, fully-accessible community space. This includes changing the former Chapel into a Community Space, the installation of an accessible kitchen, the construction of an open studio for our day programs, the addition of accessibility ramps and a lift and the beautification of the exterior landscape. Great progress is being made and we are so very close to opening the doors.

Join our growing list of amazing donors. For just \$100 your name will be engraved on a 'leaf' and added to our Donors 'Giving Tree'. Be part of something great, be a good neighbour and be proud that you BELONG.

**With my heartfelt thanks,**  
**Vikki Etchells**  
*Executive Director*



*Acceptance Builds Community.....*

*the ABC's of Alternatives*

[www.alternativescommunityprogramservices.ca](http://www.alternativescommunityprogramservices.ca)