



## WHO WE ARE

Alternatives Community Program Services (Peterborough) Inc. is a not-for-profit, charitable organization governed by a committed volunteer Board of Directors. Our programs and services are primarily funded by the Ministry of Community and Social Services.



### We Value...

RESPECT for oneself, others and our community.

INDIVIDUALITY and the uniqueness of all people.

CARING about the well-being of all people.

TRANSPARENCY, honesty and being open.

FUN and having laughter in our lives.



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*Acceptance  
Builds  
Community*

*... the ABC's of*



# ALTERNATIVES

*Community Program Services*

## **Alternatives Community Program Services of Peterborough,**

strives to inspire and excite people of all abilities to enrich skills, celebrate life and have fun with families, friends and neighbours by;

- ⇒ Fostering real friendships
- ⇒ Valuing personal and informed choices
- ⇒ Honouring personal worth and citizenship
- ⇒ Promoting life-long learning
- ⇒ Respecting personal safety and security
- ⇒ Enjoying healthy and active lifestyles

### Program eligibility...

To be eligible for the majority of our programs and services individuals must be;

- 14 years of age or older and living with a developmental disability or other exceptionality
- A resident of the city or county of Peterborough
- Motivated to work on personal goals

### Start with a Life Skills Inventory...

Most of our programs begin with completing a Life Skills Inventory in order to learn more about your strengths and interests.

From this our support staff will assist you to develop a Personal Support Plan that highlights your unique and achievable goals.

Individual Support Plans ensure that you reach your goals and celebrate your achievements along the way.

### BUILDING BRIDGES

Transitional planning for students in High School, aged 14-21, to prepare for graduation and what comes next.

### FOUNDATIONS

Individualized support for adults aged 21-28 with limited service who require assistance to connect to the community.

### SKILLS DEVELOPMENT—*fundamental to advanced*

Fundamental Skills program offers daily programming and Advanced Skills is available when you are to provide positive, skills-based learning opportunities.

### EMPLOYMENT SERVICES

Support to secure competitive employment.

### INDIVIDUALIZED SUPPORT SERVICES

Personalized programs designed to address your unique needs.

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