

## ALTERNATIVES COMMUNITY PROGRAM SERVICES

*“Building Community for  
Belonging, Acceptance and Growth”*

### Featured Story: Tessa Scates

Tessa has been involved with Alternatives for 4 years. Currently she is a member of the DROP program and is participating in the Bingo and Adult coloring groups. She enjoys meeting new people that turn into friends.

“COVID-19 has been a little difficult not being able to see my friends but I like that I’m able to stay home, relax and keep safe”.

Tessa is currently attending the CICE program at Fleming College. “My favourite thing about College is staying active and doing activities like soccer and swimming at the Wellness Center. I also like to hang out with my friends”. Tessa is in integrated co-op, working with the maintenance staff at Parks Canada.

Tessa has been employed with Parks Canada as a Student Operator for roughly four years. Her job duties include opening the locks for the boats to pass through and cutting the grass. She is stationed at lock #24, so be sure to say hi if you see her around next summer.

“During my free time I LOVE doing puzzles and being outside, especially when it’s nice out”. I also enjoy participating in Special Olympics which I’ve been involved in for 5 years. I am on the swim and Botchy team.


My favourite thing about the holiday season is spending time with family and Skiing”

Merry Christmas Everyone :)



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Alternatives Community Program Services (Peterborough) Inc. is a not-for-profit, charitable organization governed by a committed volunteer Board of Directors.

Alternatives strives to inspire and excite people of all abilities to enrich their skills, celebrate life and have fun with families, friends and neighbours by;

- ⇒ Fostering real friendships
- ⇒ Valuing personal and informed choices
- ⇒ Honouring personal worth and citizenship
- ⇒ Promoting life-long learning
- ⇒ Respecting personal safety and security
- ⇒ Enjoying healthy and active lifestyles

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Hi Everyone!!!

Hope everyone is doing well in these crazy days.

December is looking like an exciting month at Alternatives. We have lots of activities planned that you can do from the comfort of your own home. No need to go out in the cold when we can bring everything to you. All you have to do is get cozy and log on to Zoom. See activities on the next page.

Also, back by popular demand is our SWAG line. It is currently being revamped so be ready for that coming soon. Just a reminder that if you are interested in setting up a time to come visit Braidwood all you have to do is reach out to me and set up a time. Masks are mandatory while in our space.

Jackie  
[JackieC@alternativesptbo.ca](mailto:JackieC@alternativesptbo.ca)  
705 742-0806 ext. 226

**We want to wish everyone a safe, warm holiday season and wishing you all the best in the new year!**



*Acceptance Builds Community.....*

*the ABC's of Alternatives*

[www.facebook.com/AlternativesPeterborough](https://www.facebook.com/AlternativesPeterborough)





## Upcoming Christmas Fundraising Events

Alternatives  
Community  
Program Services  
Fundraiser



# Holiday Paint Party



Join us on ZOOM

ID: 857 762 4472

DECEMBER

2

OPEN FROM  
6:30PM - 8:30PM



Hosts: Sam and Kia

\*Please Register by Nov, 30

**Supplies Provided-** Pick up at Alternatives, supply drop off's can be arranged.

*\*Registration and payments can be made by email listed below. Please state in email if drop off is needed along with address.*

*\* Preferred method of Payments cheque or etransfer*

*If you are unable to attend during this busy time, please consider making a donation.*

[Jackiec@alternativesptbo.ca](mailto:Jackiec@alternativesptbo.ca)

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## 6 Days of Christmas

### Fun Virtual Family Christmas Crafts Classes

Join Santa's elves virtually with some Christmas workshop fun for the whole family!

Each Activity will have the supplies delivered right to your door so you can follow along at home.

Day 1- December 7th 6-7pm

**Decorate Your Own Christmas Mug**

Day 2 - December 8th 6-7pm

**Decorate your own glass ornament**

Day 3- December 9th 6-7pm

**Decorate Christmas Sugar Cookies**

Day 4- December 10th 6-7pm

**Create a popsicle stick gingerbread house**

Day 5- December 11th 6-7pm

**Decorate a plate for Santa**

Day 6- December 12th 1-2pm

**Storytime and Cookie decorating with one of Santa's elves**

Call **705-742-0806** or email [JackieC@AlternativesPtbo.ca](mailto:JackieC@AlternativesPtbo.ca)

to register today !

\$10 Per Class  
per person

Brought to you by



Staff Members participated in the “Reverse Advent Calendar” this past November. Each day there was a different perishable food item/ gently used clothing item for individuals to drop in the box!

At the beginning of December, all the items will be donated to “Good Neighbours Care Center” downtown Peterborough.

Thank you to everyone who helped out!