

SEPTEMBER 2023 | VOLUME 5 ISSUE 3



## PTBO/NOGO COMMUNITY BOARD

Check out our new Community Board.

This community board is to feature YOU! Our Ptbo/Nogo Community.

Our team is our village of Peterborough / Nogojiwanong.

Our Advanced Skill's student Miriam was our captain for this project. She chose the design, picked out the materials and organized it on our board. Miriam organizes a lot with our community. She is often the behind-the-scenes organizer for special events such as our Halloween and our Christmas Parties.

Thank you, Miriam, for always going above and beyond.

Does your organization, event or awareness campaign, etc want to be featured? Send us an email to talk more



## "ACCEPTANCE BUILDS COMMUNITY" THE ABC'S OF ALTERNATIVES

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COMMUNITY PROGRAM  
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(PETERBOROUGH) INC. IS  
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ALTERNATIVES STRIVES  
TO INSPIRE AND EXCITE  
PEOPLE OF ALL ABILITIES  
TO ENRICH THEIR SKILLS,  
CELEBRATE LIFE AND  
HAVE FUN WITH  
FAMILIES, FRIENDS AND  
NEIGHBOURS BY;

- FOSTERING REAL FRIENDSHIPS
- VALUING PERSONAL AND INFORMED CHOICES
- HONOURING PERSONAL WORTH AND CITIZENSHIP
- PROMOTING LIFE-LONG LEARNING
- RESPECTING PERSONAL SAFETY AND SECURITY
- ENJOYING HEALTHY AND ACTIVE LIFESTYLES

# Fun in the Sun with the Day Program



Our Fundamental Skills Day Program has been taking Thursday Day Trips this summer!



## Employment Supports Highlight

Brian has participated at Alternatives with the Advanced Skills and Employment Supports for a few years and expresses his enjoyment of the support he has received from Alternatives. Upon graduating from Kenner Collegiate in June, Brian decided he would like employment in the Maintenance field. In July 2023 Brian began his employment as a Maintenance Personnel at Baked4U. Brian has quickly become an integral member of the Baked4U team. He is learning new skills (even decoarting and baking some cupcakes) while using his existing skill set to complete his daily maintenance duties. Sandi (Owner of Baked4U) has been so kind and has accepted Brian with open arms into the Baked4U team.



# Theme Days at Alternatives

In our last newsletter we announced the Summer Theme Days.  
Now, you get to see what our staff came up with!

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# D.R.O.P

## Daily Recreational Options Program

Here's a look into some of the great things our DROP program got up to this session.

Want to join in on the fun? Check out the next round of D.R.O.P groups and day trips attached to the newsletter email.

Editors note:  
These cookies  
and cream rice  
krispie treats  
were amazing!!!



### Baking Buddies

This group works on learning to read recipes and measure ingredients for baking. & the group gets to enjoy some delicious treats!



### Pool

Pool at Rileys downtown!  
This groups learns how to break a cue and sink balls into the pockets.

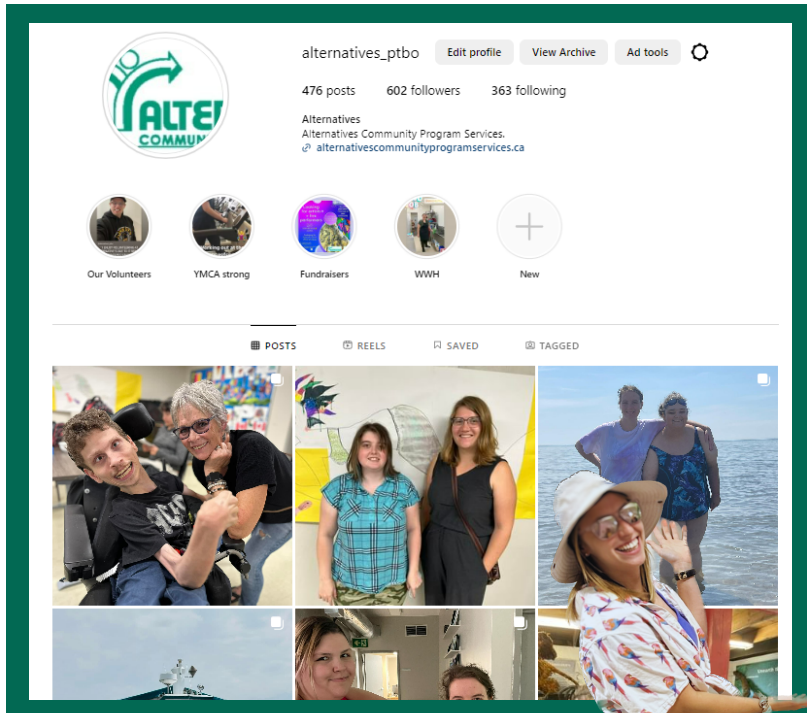


### Day Trips

In addition to weekly programs, DROP also organizes Day Trips for each session. Left: Kingston Pen. Right: Liftlock Cruise.



# LET'S KEEP IN TOUCH



Check  
out our  
socials!



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