

## OUR VISION

Acceptance Builds Community...  
The ABC's of Alternatives

## OUR VALUES

To RESPECT ourselves, others and our community.

To honour INDIVIDUALITY and the uniqueness of all people.

To always be CARING about the well being of all people.

To be TRANSPARENT, honest and open, and

To have FUN and create an abundance of laughter in our lives.



"Building Community for  
Belonging, Acceptance and Growth"

# CONTACT INFORMATION

### *Hours of Operations*

Monday - Friday : 08.30 AM - 4.00 PM

Saturday - Sunday : CLOSED



270 Braidwood Ave  
Peterborough, ON  
K9J 1V3



705-742-0806



705-742-0943



Info@AlternativesPtbo.ca



[www.AlternativesCommunityProgramServices.ca](http://www.AlternativesCommunityProgramServices.ca)

# ALTERNATIVES

## COMMUNITY PROGRAM SERVICES

Alternatives Community Program Services has been passionate about improving the quality of life for people living with developmental disabilities since 1986. Supporting over 500 individuals and their families annually. Alternatives provides opportunities and outcomes for learning and skill development in the areas of employment, volunteerism, recreation, and community involvement. We foster a sense of belonging for people of all abilities. We open doors to help people realize their full potential.



## OUR MISSION:

“Building Community for Belonging,  
Acceptance and Growth”

Alternatives provides opportunities and outcomes for learning and skill development in the areas of employment, volunteerism, recreation and community connections for people with developmental disabilities and other exceptionalities in Peterborough City and County.



All services strive to inspire and excite people of all abilities to enrich their skills, celebrate life and have fun with families, friends and neighbours by;

- Fostering real friendships
- Valuing personal and informed choices
- Honoring personal worth and citizenship
- Promoting life-long learning
- Respecting personal safety and security
- Enjoying healthy and active lifestyles.

## OUR PROGRAMS

- Building Bridges
- Advanced Skills
- Individual Support Services
- Fundamental Skills Day Program
- Passport Program
- Daily Recreation Options Group (D.R.O.P)
- Employment Supports

If you would like some more information on the programs we offer, please check out the Alternatives Website

[www.AlternativesCommunityProgramServices.ca](http://www.AlternativesCommunityProgramServices.ca)



## Interested in Volunteering?

To volunteer your time, please contact the Office Coordinator by phone.

705-742-0806

or reach out to Jackie Carson  
[JackieC@AlternativesPtbo.ca](mailto:JackieC@AlternativesPtbo.ca)



Interested in renting our Community Hub space?

Please reach out to Jackie Carson (extension 226) for more information on pricing and to book a tour!